

# Lara Strong



*New Zealand Agent*  
THE PRO ACTORS  
P 04 801 7671  
E [tim@theproactors.co.nz](mailto:tim@theproactors.co.nz)  
W [www.theproactors.co.nz](http://www.theproactors.co.nz)

## Details

Gender	Female
Age Range	18 - 21
Height	166cm
Base Location	Wellington
Available In	Adelaide, Auckland, Australian Capital Territory, Brisbane, Christchurch, Dunedin, International, Melbourne, Northern Territory, Perth, Sydney, Tasmania, Wellington
Skills	Actor, Commercial Talent, Dancer, Extra (Background), Model, Musical Theatre, Prof. Singer
Hair	Auburn, Light Brown
Eye	Brown
Ethnicity	European, New Zealand

## Credits

### 2018

SF Sarah **Christmas Eve 1944** CraftInc. Films, David Strong and Wanda Lepionka  
VO **The New Zealand National Commission for UNESCO** UNESCO,

### 2017

ST Curtains - Character **Desire Caught By The Tail** Long Cloud Youth Theatre Company, Brett Adam  
ST CO-LEAD Alice **Black Knight Dreaming** Long Cloud Youth Theatre Company, Brett Adam  
MT LEAD: Jesus **Jesus Christ Superstar** Samuel Marsden Collegiate, Diane Smith  
D Festival Street Performer **Cuba Dupa Festival 2015-2017** Tarrant Dance Studios, Deirdre Tarrant  
D Solo Ballet Dancer **Coppelia** Tarrant Dance Studios, Deirdre Tarrant  
IMP Main Cast **Improv Mob - Theatre Sports Show** Bats Theatre, Susan Fogarty  
IMP Guest Cast Member **The Improvisors** Circa Theatre,

### 2016

ST Actor/Dancer/Singer **Album Party** Bats Theatre, Frith Horan and Kate McGill  
D Solo Ballet Dancer **Lion In The Meadow** Tarrant Dance Studios, Deirdre Tarrant  
D Prelude soloist **Les Sylphides** Tarrant Dance Studios, Deirdre Tarrant

### 2015

MT LEAD: Gabriella **High School Musical** Samuel Marsden Collegiate, Diane Smith  
D Clara **The Nutcracker** Tarrant Dance Studios, Deirdre Tarrant  
D Solo Ballet Dancer **Degas Deconstructed** Tarrant Dance Studios, Deirdre Tarrant  
M Dancer/Model **HITO Awards** HITO,

### 2013

SF Lead Double **The Last Night** Craftinc. Films, David J Strong  
ST CHILD LEAD **Ella and Will** Wellington FRINGE festival , Anita Hutchins

### 2010

SF Extra **Pacific Dreams** Craftinc. Films, David Strong

### 2007

FF Extra **The Waterhorse** Revolution Studios, Jay Russell

## Skills & Attributes

Shoe Size	9
Clothing Size	Female - 8
Waist	62cm
Neck	30cm
Natural Accent	New Zealand

Accent Skills	American Standard, Australian, Cockney, English, New Zealand, Southern, West Coast American
Languages	English, French, Mandarin
Hair Length	Past Shoulder, Long
Hair Style	Wavy
Instrumental	Guitar, Piano / Keyboard
Dance	Ballet, Contemporary, Jazz, Modern
Singing	Choir, Classical, Contemporary, Folk, Jazz, Musical Theatre, Pop, Rock, Show
Singing Range	Alto, Mezzo, Mezzo Soprano, Soprano, Tenor
Sport and Athletic	Abseiling, Aerobics, Body Boarding , Cricket, Cycling, Fishing, Golf, Ice Skating, Netball, Pilates, Roller Blading, Roller Skating, Snow Boarding, Snow Skiing, Soccer, Surfing, Swimming, Table Tennis, Volleyball, Yoga
Drivers Licence	Car

## Training

---

2018 - cont **Fortnightly** Improvisation / Theatre Sports  
2015 - 2018 **Rata Studios** Improvisation/Theatre Sports  
2017 - cont **Whitireia Long Cloud Youth Theatre**  
2014 **Rata Studios** Professional Teen Acting Intensive with Miranda Harcourt  
2011 - 2017 **Trinity College London** Speech and Drama  
2014 - cont **Megan Corby - Vox Box**  
2017 **ABRSM** Grade 3 Singing exam with Distinction  
2014 - 2018 **Tarrant Dance Studios** Royal Academy of Dance - Classical Ballet  
2014 - cont **Tarrant Dance Studios**  
2011 - 2013 **Wellington Dance Academy**  
2005 - 2013 **Wellington Dance Academy** Royal Academy of Dance - Classical Ballet  
2017 **Samuel Marsden**  
2013 **Samuel Marsden**  
2003 - **Suzuki Method**  
2005